

Assessing Cell Viability Using FDA Stain

OVERVIEW

Determining whether algal cells are alive or dead is useful for a variety of applications including, but not limited to: wastewater analysis, algaecide testing, mesocosm experiments, and ballast water monitoring. Viability staining is a common approach used in flow cytometry to evaluate the relative abundance of live and dead cells in a sample. FlowCam 8400, equipped with a laser, digital camera, and 2 channels of fluorescence detection, can be paired with various fluorescent stains to assess the viability of algal cells. In this application note we describe how to pair an example of one such stain, fluorescein diacetate (FDA), with FlowCam 8400 equipped with a 488 nm blue laser.

FDA itself is not a fluorescent molecule. However, when a live cell with active hydrolysis enzymes encounters FDA in an aqueous sample, the cell converts FDA to fluorescein isothiocyanate (FITC) - a molecule that fluoresces green. If a cell is alive and its membrane is intact, it will emit a green fluorescence signal when it is triggered by FlowCam's laser. Dead cells may also still emit green fluorescence, but they will do so at lower levels than live cells.

SAMPLE PREPARATION

This application note contains data from two experiments: one using a culture of the green algae *Staurastrum*, and the other from a natural sample collected from a small eutrophic pond.

The FDA primary stock solution was prepared by mixing DMSO to form a 5 mg/mL solution. Then a working stock was prepared by mixing 25 μ L of the primary stock with 10 mL of DI water and stored at 4 °C. The culture and pond sample were then filtered through a 70 μ m strainer to make sure no large particles would clog the flow cell.

Two 10 mL aliquots of the *Staurastrum* culture and two 10 mL aliquots of the pond sample were stained. One aliquot of each sample was used to test for live cells, and the other to test for dead cells. To kill the cells in each of the two "dead test" aliquots, the samples were incubated in a 70-90 °C water bath for 30 minutes.

Once the algal samples were prepared, a 250 μ L aliquot of the FDA working solution was added to 1 mL of each sample and incubated in the dark at room temperature for 10 minutes.

FLOWCAM PROCEDURE

After incubation, each sample was run in Trigger mode on a FlowCam 8400 instrument equipped with a 488 nm laser. A 10X objective, 100 μ m FOV flow cell, and 1.0 mL syringe were used.

When operating FlowCam in Trigger mode, cells containing sufficient levels of chlorophyll or FDA will "trigger" the camera to capture an image. Since FlowCam 8400 contains two separate emission detectors, it can simultaneously record the cells' relative fluorescence for both chlorophyll (designated in VisualSpreadsheet as Channel 1), and the green emission of live cells stained with FDA (Channel 2). Channel 1 detects emissions greater than 650 nm and Channel 2 detects emissions from 510 nm to 540 nm.

ANALYSIS

Figure 1 shows the results of the live vs. dead *Staurastrum* experiment. The graph shows the frequency of *Staurastrum* cells that emitted enough green fluorescence to be detected by Channel 2 (CH2).

The blue bars in the Figure 1 graph represent cells from the live culture, and the red bars indicate cells from the dead culture. The higher frequency of fluorescence emission in the live cells indicates that those cells absorbed the FDA stain. The opposite is true for dead cells, which did not absorb FDA as frequently.

Figure 1 also includes example images from the live and dead samples. The similarity of the two collages illustrates that you cannot assess cell viability by looking at the images alone. Fluorescence is therefore required to differentiate between live and dead cells.

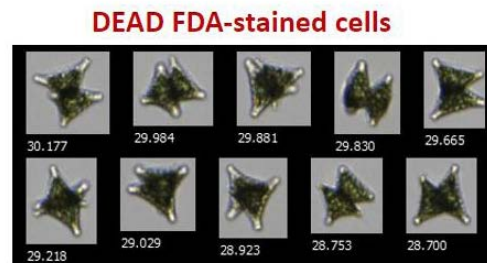
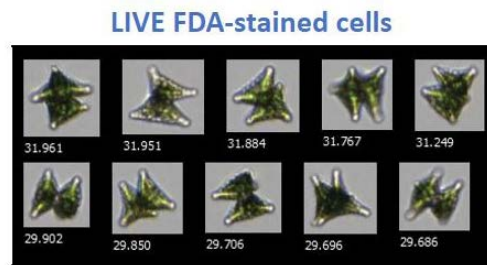
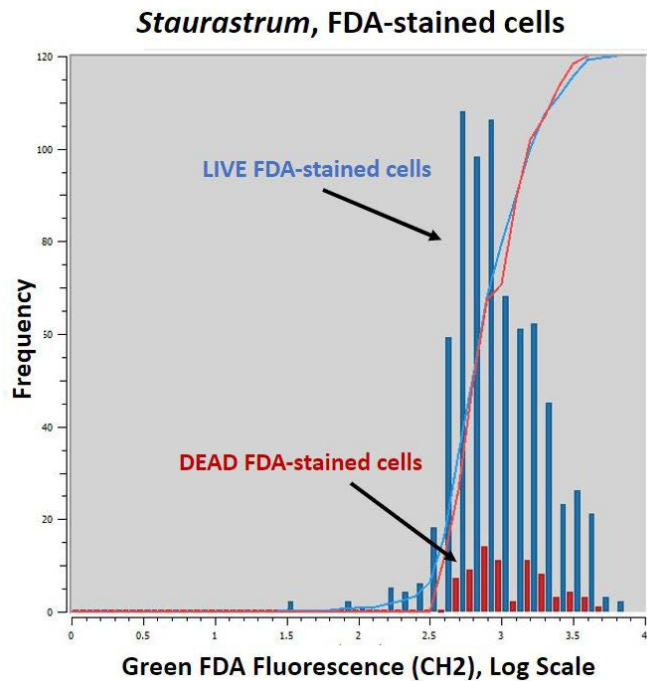


Figure 1: Comparison of live vs. dead *Staurastrum* cells stained with FDA

Figure 2 shows similar results for the natural sample obtained from the pond. As observed for the cultured *Staurastrum* sample, live cells stained with FDA exhibit higher overall Channel 2 (green fluorescence) detection compared to the dead cells stained with FDA.

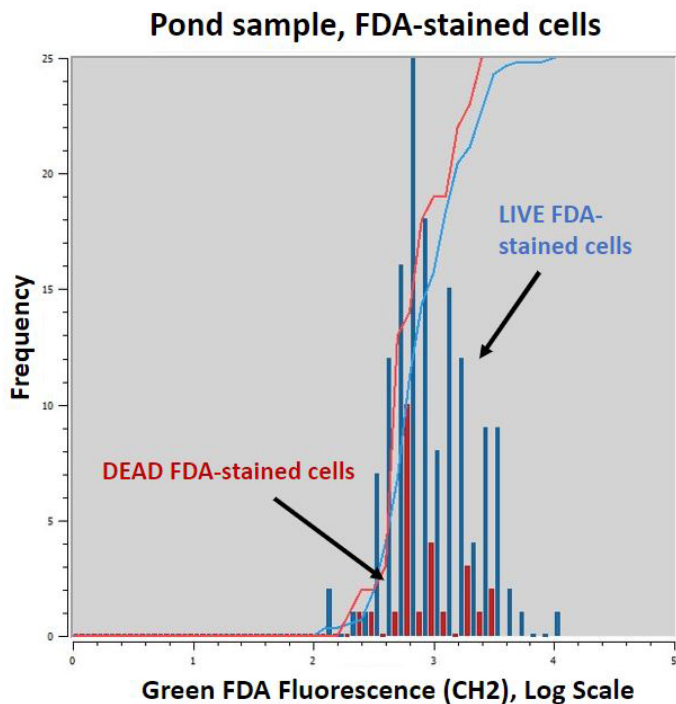


Figure 2: Comparison of live vs. dead pond samples stained with FDA

In some applications, FDA produces a precipitate that also fluoresces. This occurs with the pond sample (Figure 3). Including the counts of precipitate data skews results when counting live cells. With FlowCam, the user can use the image recognition capabilities of FlowCam's VisualSpreadsheet® software to identify precipitate images and remove them from the counts of the live cells.

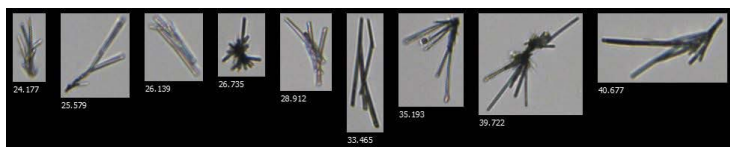


Figure 3: Example images of FDA precipitate found in the pond sample that also fluoresce green. These particles can be auto-selected using VisualSpreadsheet's image recognition algorithm to produce accurate concentrations of live cells.

SUMMARY

This application note shows how FDA can be used to assess live versus dead cells in mixed populations. Both cultures and natural samples were used to demonstrate the use of the FDA stain when analyzed by FlowCam 8400 equipped with a 488nm laser.

There are several other fluorescing stains and simple colormetric stains that can be used to assess both live and dead cells when using FlowCam, including:

- ThermoFisher LIVE DEAD® Fixable Green Dead Cell Stain Kit (488 nm Excitation)
- ThermoFisher LIVE DEAD® Fixable Red Dead Cell Stain Kit (633 nm Excitation)
- Sytox Green DEAD CELL Stain (488 nm Excitation)
- Neutral Red - Colormetric Vital Stain
- Methylene Blue - Colormetric Dead Stain (for Yeast viability analysis)